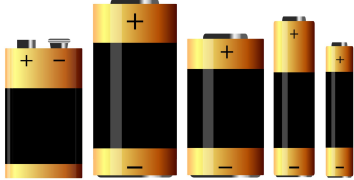


Cholesterol?

The paradox of my midlife crisis

Types of Cholesterol

Triglycerides



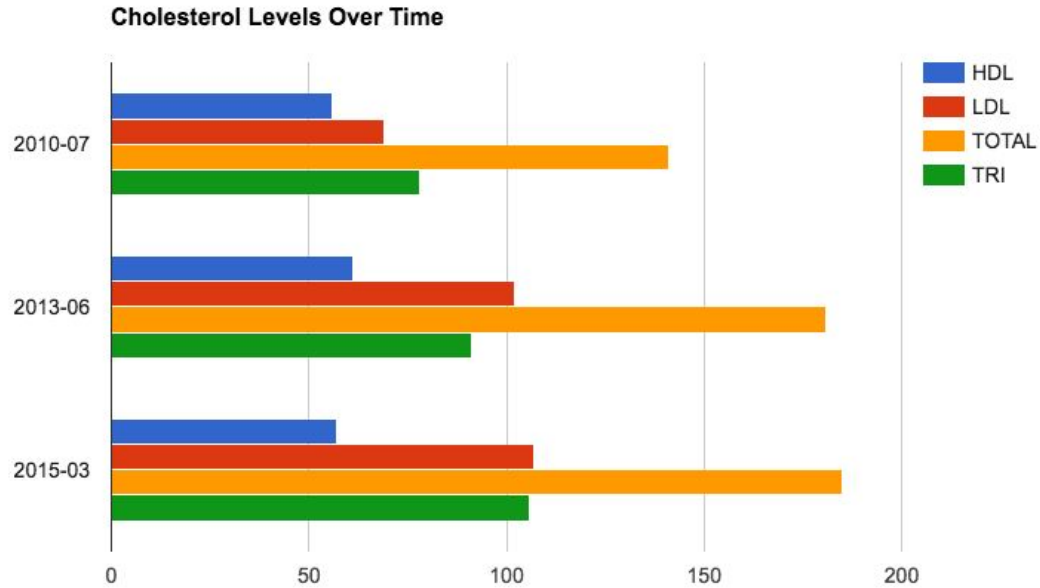
Low Density Lipoproteins (LDL)



High Density Lipoproteins (HDL)



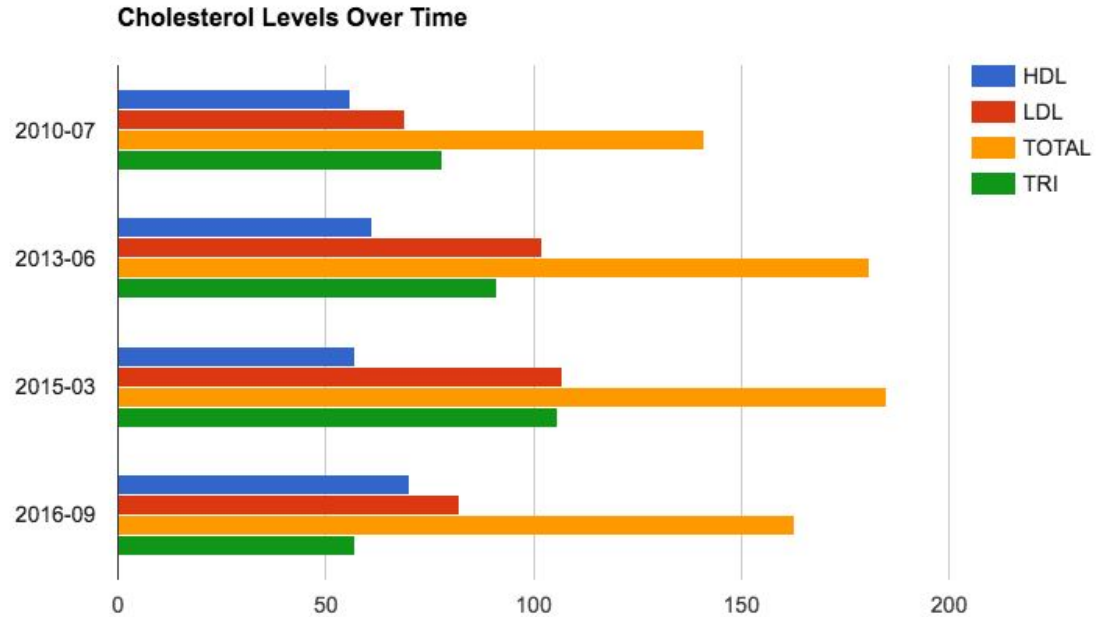
The Conundrum



What Changed?



Latest Results



I'm not a nutritional professional

